

Billings Chi-Tu Do presents...
STOMP OUT CHILD ABUSE
Open Martial Arts Tournament
to benefit The Family Tree Center

Tournament Rules:

General: All competitors must fill out an Official Entry Form and Waiver regardless of the number of events they participate in – including Team Forms competitors. Pre-registration is advised for all competitors and teams, but at-the-door registration will be available until 11am on the day of the competition. Pre-registration is \$25 for any and all events and is due by Friday, January 22, 2010. At-the-door registration fee is \$35. Teams participating in the Team Forms competition are \$35 per team (3-10 members per team) in addition to any other events they may be participating in.

Breaking Competition:

All breaking competitors must be on site and ready to compete at the beginning of the competition. Athletes will explain their break(s) to the judges prior to executing their technique. Multiple breaks (up to 4 breaking techniques) using boards and/or blocks are allowed. Competitors will get one (1) attempt to successfully perform their break or set of breaks. Judges will score the attempt based upon level of difficulty and whether the attempt was successful. **All participants must clean up and take their broken boards and blocks away from the site.** There will be NO dumping of broken material in the MSU-B trash containers.

Weapons Forms (Kata):

No live blades will be allowed in the gymnasium or at the competition. All weapons will be inspected prior to the execution of the competitor's kata. Forms (kata) should be shorter than two (2) minutes and will be judged based upon the practitioner's skill level and demonstration of proper technique, stance, balance and use of the weapon. These divisions will be judged by a panel of three or five judges. If five judges are used, the low and high score will be thrown out. In the event of a tie, these scores are added back in. If the tie continues, the competitors who are tied will repeat their form. The judges will then point to the winner.

Forms (Poomse/Kata):

These will be run just like the weapons forms competition. Because this is an Open Tournament, participants may perform any kata from any style they know. Competitors will be judged based upon their level of technique (power, focus, speed, etc). Athletes may request a second attempt at their form if they falter, freeze up or forget their form during their performance. Scoring may be affected by the necessity of a second attempt. Competitors who falter, freeze or forget their form the second time will not be allowed to continue.

Demo Team Forms (Poomse/Kata): (NEW THIS YEAR!)

These will be run just like the forms competition. Teams may consist of between 3 and 10 members. Competitors will be judged based upon their level of technique (power, focus, speed, etc) as well as teamwork, coordination, timing and team appearance. Teams may request a second attempt at their form if they falter, freeze up or forget their form during their performance. Scoring may be affected by the necessity of a second attempt. Teams who falter, freeze or forget their form the second time will not be allowed to continue.

Point Sparring:

General – Colored belts sparring competition will be in Round Robin format for all ages. Black Belt divisions will have a single elimination format following the round robin format (round robin is used for seeding). Single elimination format will consist of a three minute round or the first to five points. Round robin matches will consist of a two minute round for all ages and ranks. The winner is the one who has more points at the end of the round. The clock WILL NOT STOP when action in the ring is stopped unless the center referee calls for time. Only one point will be awarded per technique. There will be no limit to the number of points in a round during the round robin matches. A seven-point spread of superiority will indicate a match winner, regardless of time left.

Required Equipment – All competitors will be required to wear full dress uniform, gi or dobak, helmet (face cage optional), fitted mouthpiece, hand pads (gloves), foot pads, and a cup (for males) or chest guard (for ladies). Shin pads are optional, but *highly* recommended. Competitors age 5-17 will be required to wear a padded chest protector (hogu). Although there will be some head and chest armor provided at the competition, *it is recommended that you bring your own*. All toe and fingernails must be cut short prior to the competition. The competitor will be given one minute to take care of this or be disqualified. No jewelry or metal of any kind may be worn during sparring competition.

Legal Targets: Legal targets depend on the age group of the competitors and are as follows:

Ages 5-8 – Legal targets are only on torso (front, sides & kidneys). Light to no contact.

Ages 9-17 – Head (sides & top only), torso (front, sides & kidneys) and groin. Light contact to head & torso; no contact to groin.

Ages 18 & up – Head (face, sides and top), torso (front, sides & kidneys) and groin. Light contact to groin. Light to medium contact for all other scoring zones.

Illegal Targets: Spine, neck, back of head, throat, legs, joints (elbows, knees, etc.) & buttocks.

Legal Attacking Tools: Fore fist, back fist, hammer fist, knife hand (suto), ridge hand and any part of the foot below the ankle.

Illegal Attacking Tools: Straight fingers, palms, elbows, knees, head, stomping, blind techniques, grabbing and pushing (with any part of the body). Foot sweeps will not be allowed in *this* event. If an athlete falls to the floor, the opponent will discontinue the attack immediately.

Control of Technique: All competitors will be expected to display control of their techniques. Excessive contact in any division may result in a point taken away or disqualification by a majority decision of the judges. The competitor may or may not receive a warning prior to his/her disqualification.

ABSOLUTELY NO snapping of the head will be permitted in the divisions that allow head contact.

Excessive head contact will result in immediate disqualification for the competitor.

Warnings, Deductions & Disqualifications: The following behaviors may result in a warning, point deduction, or disqualification. The referee, at his/her discretion, may or may not issue a warning for a first offense.

1. Striking or kicking to an illegal target or with an illegal tool
2. Pushing or grabbing an opponent
3. Intentionally stepping out of bounds or turning your back to an opponent
4. Intentionally falling down or faking an injury
5. Attempting to injure an opponent
6. Evidence of poor intent (anger) toward an opponent
7. Excessive contact (intentionally or otherwise)
8. Injuring an opponent (intentionally or otherwise)

9. Drawing of blood (intentionally or otherwise)
10. Quarreling or disrespectful behavior toward any judge or official

These rules also apply to spectators, parents and coaches who display this type of behavior from outside the ring. Spectators, parents and coaches who demonstrate rude or disrespectful speech or behavior, or harassment toward any judge or official, whether or not on behalf of a competitor, may result in a deduction of a point for the competitor and, if continued, a disqualification. The person displaying this behavior will be asked to leave the competition area and will not be refunded the entry fee. We do encourage spectators, parents and coaches to cheer for their competitors.

Continuous Sparring:

General – All continuous sparring competitors must be 18 years of age or older. Competition will be in single elimination format for all belt levels and divisions. Every attempt will be made so that competitors from the same school will not meet each other in the first round of competition. One round with two minutes of continuous time for each match will be kept. The only time the clock will stop is when the center referee calls for time out. Competitors are awarded points in the 10-point must system. Matches will be judged on the dominance of the overall match based upon the competitors striking, kicking and blocking skills, counter attacks, sweeps, take downs and grappling skills. This event will be judged on skill, not brawling. If at any time one competitor shows far superior skill over the other, the match may be stopped.

Required Equipment – For this competition, participants may remove their gi top if they have a school T-shirt instead. Other required equipment includes a helmet with face cage, fitted mouthpiece, hand pads (gloves), foot pads, and a cup (for males) or chest guard (for ladies). Shin pads are optional, but highly recommended. All toe and fingernails must be cut short prior to the competition. No jewelry or metal of any kind may be worn during sparring competition. All competitors must be ready to compete when called.

Rules of Competition: Strikes and kicks to the legal target areas with light to medium contact (see below). Striking with the knees or elbows will NOT be allowed. Sweeps to front or rear leg and controlled throws and take downs are permitted. No body slams or over the head throws. Once in a clinch, competitors will have 5 seconds to execute a take down or sweep. Once on the ground there will be no striking permitted. On the ground, competitors will have 20 seconds to make a choke or submission. If nothing happens within the 5 or 20 second time limits, the opponents must break and stand back up for continuous sparring.

Legal Targets: Head (face, sides and top), torso (front, sides & kidneys) upper legs, and groin. Light contact to upper legs and groin. Light to medium contact for all other scoring zones.

Illegal Targets: Spine, neck, back of head, throat, joints (elbows, knees, etc.) & buttocks.

Control of Technique: All competitors will be expected to display control of their techniques. Excessive contact may result in a point taken away or disqualification by a majority decision of the judges. The competitor may or may not receive a warning prior to his/her disqualification. **ABSOLUTELY NO** snapping of the head will be permitted. Excessive head contact will result in immediate disqualification for the competitor.

Warnings, Deductions & Disqualifications: The following behaviors may result in a warning, point deduction, or disqualification. The referee, at his/her discretion, may or may not issue a warning for a first offense.

1. Striking or kicking to an illegal target
2. Striking with elbows or knees or stomping the foot of an opponent
3. Intentionally stepping out of bounds or turning your back to an opponent
4. Intentionally falling down or faking an injury
5. Attempting to injure an opponent
6. Evidence of poor intent (anger) toward an opponent
7. Excessive contact (intentionally or otherwise)
8. Injuring an opponent (intentionally or otherwise)
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10. Quarreling or disrespectful behavior toward any judge or official

These rules also apply to spectators, parents and coaches who display this type of behavior from outside the ring. Spectators, parents and coaches who demonstrate rude or disrespectful speech or behavior, or harassment toward any judge or official, whether or not on behalf of a competitor, may result in a deduction of a point for the competitor and, if continued, a disqualification. The person displaying this behavior will be asked to leave the competition area and will not be refunded the entry fee. We do encourage spectators, parents and coaches to cheer for their competitors.

The Golden Rule:

Each competitor should treat another as they would like to be treated. Also, they should not do to others that which they would not want to have done back to them. All competitors have responsibility for the health and well-being of their opponents.

The X Rule:

X in mathematics is the symbol for the unknown. The X rule states that if a situation arises that is not mentioned in the rules, the commissioner for the event, at his/her discretion, will have the right to determine and provide a ruling of whether the situation will be tolerated and the consequences for the situation.

Rules Clarification or Modification:

Specific tournament rules will be clarified (if there are questions) and may be subject to revision at the officials meeting prior to the competition.